

## **Raymond-Knowles School**

## 1/01/2023 - 1/31/2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Apple Frudel	Honey Bun	Chocolate Chip Muffin	Tornado
	Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk
No School	IVIIIX	Willix	IVIIIK	IVIIIX
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	Turkey & Ham Hoagie Vegetable	Tostada Vegetable	Chicken Patty Sandwich Vegetable	Pizza Vegetable
	Fruit	Fruit	Fruit	Fruit
	Milk	Milk	Milk	Milk
9	10	11	12	13
Cereal	Cinin Mini	Breakfast Bar	Pancake	Breakfast Pizza
Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk
IVIIIK	IVIIIK	IVIIIK	IVIIIK	IVIIIK
Grilled Cheese	Hamburger	Burrito	Chicken Nuggets	Pasta w/ Meat Sauce
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk
IVIIIK	IVIIIK	IVIIIK	IVIIIK	IVIIIK
16	17	18	19	20
	Blueberry Muffins	Waffle Fruit	Sausage, Egg McMuffin Fruit	Tornado
	Fruit Milk	Milk	Milk	Fruit Milk
Martin Luther				
	Mini Corn Dog	Quesadilla	Chicken Patty Sandwich	Cheesy Breadsticks
King Jr. Day	Vegetable	Vegetable	Vegetable	Vegetable
	Fruit	Fruit	Fruit	Fruit
	Milk	Milk	Milk	Milk
23	24	25	26	27
Cereal	French Toast	Honey Bun	Muffin	Breakfast Pizza
Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk
Orange Chicken/Rice	Hamburger	Taco	Chicken Nuggets	Pizza
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk
IVIIIK	IVIIIK	WillK	WillK	WIIIK
30	31			
Cereal Fruit	Breakfast Bar Fruit			
Hruit Milk	Fruit Milk			
Turkey & Ham Hoagie	Mini Corn Dog			
Vegetable	Vegetable			
Fruit Milk	Fruit Milk			
anx				